



Student success

School Shakespeare performance

This week students took part in what is known as the world's largest youth drama festival, The School Shakespeare Festival.

For months Students have been eagerly preparing to take the stage at the Roses Theatre. Working with staff and alongside external experts from the School Shakespear Foundation to stage their rendition of 'A Mid-summers Night's Dream'.

Audiences were wowed by the performances as the student's energy, individuality and enthusiasm shone on stage.

Welcoming our Senior House Captains of 2022/23



We are pleased to announce the appointment of our new Senior House captains for the academic year 2022-2023.

- Attenborough: Daisy & Samuel
- Frank: Freya & Ben
- Hawking: Molly & Alwyne
- Owens: Rhiana & George
- Parks: Evangeline & Freddy
- Rowling: Naifa & William

As part of our commitment to fostering student leadership, students undertook an interview to learn more about why they wanted to hold this position. The chosen students have a clear ambition for the role along with a record of achievement within their school life.

Diary dates

Friday 18th November

Year 8/9 report 1 (sent via email)

Friday 18th November

Children in Need non-school uniform day

Monday 21st November

Christmas shoebox appeal deadline

Thursday 24th November

Inspire Lecture Series - your journey into Film Production

Friday 25th November

Christmas advent calendar collection deadline

Monday 28th November - Friday 9th December

Year 11 mock examinations

Friday 2nd December

Year 10/12 report 1 (sent via email)

House points

Congratulations to who Frank House remain at the top of the leaderboard this week!



School updates

Remembrance Service



Today we gathered as a school community to pay our respects to the fallen at our annual Remembrance Service.

At 11am a two-minute silence was observed by students and staff, along with readings from Sixth Form cadets Tobi, Rhianna and Liam and a performance of The Last Post by trumpeters Luke and Thomas.

Children in Need non-school uniform day



In support of Children in Need and the Anti-Bullying Alliance, we are holding a non-school uniform day on Friday 18th November.

For a suggested donation of £2, payable in cash at the House gates or via MCAS, students are invited to 'come as themselves' for the day, wearing non-school uniform, in order to raise funds for these important causes.

Please note: Clothes worn must be suitable for the school environment and the school reserves the right to determine what is appropriate. Any student who is inappropriately dressed for this occasion will be sent home to change.

New community garden at Hatherley Park



Thank you to [Cheltenham Borough Council](#) for posting this [fantastic video](#) of our students and Mr Jefferies working in our new community garden in Hatherley Park before half term.

Cheltenham Bournside School and Sixth Form Centre students have taken ownership of a small flower bed (near to the Boules Court) as part of our weekly gardening and science after school clubs. The ongoing partnership with The Friends of Hatherley Park provides a brilliant opportunity for our students to give back to the local community, to develop new skills and to learn more about the environment and the importance of our green spaces.

A plaque has been installed to mark the space and we look forward to watching this project grow!

Community at Christmas



Each year, students, families and staff at Cheltenham Bournside School come together to raise funds and collect items to support local charities and our community at Christmas.

Our upcoming collection and donations deadlines are:
Christmas Shoebox Appeal – Monday 21st November
Christmas Advent Calendar Collection - Friday 25th November
Food Bank Donations - Wednesday 14th December

Find out more about all of our Christmas donation collections and student Christmas events on our [website](#).

Request for unused bikes



Do you have an unused bike and/or helmet at home, suitable for a child aged 11-16 to use to cycle to school? We are hoping to collect 10 bikes to repurpose and loan to students who may be facing issues with travel to school.

Please note that the bikes donated need to be in fair condition. We are happy to accept and fix up most bikes, as long as the frame is not cracked, dented, bent or heavily rusted.

For further information, or to donate a bike/helmet, please email Mr Kelly: lpk@bournside.gloucs.sch.uk

School updates continued ...

Chelsea's Choice

This week, Year 8's were visited by the Alter Ego Theatre Company.

As part of their PSHE curriculum, students watched a drama production called 'Chelsea's Choice'. The powerful production highlights the very serious and emotional issue of child sexual exploitation and explores grooming, peer-pressure, the inappropriate use of social media, domestic abuse and low self-esteem.

Well-being and welfare for young minds



[Five ways to get moving and feel better](#)

How can physical activity help my mental health and well-being?

There are many studies which have shown that doing physical activity can improve mental health. For example, it can help with:

- **Better sleep** – by making you feel more tired at the end of the day
- **Happier moods** – physical activity releases feel-good hormones that make you feel better about yourself and give you more energy
- **Managing stress, anxiety or intrusive and racing thoughts** – doing something physical releases cortisol which helps us manage stress. Being physically active also gives your brain something to focus on and can be a positive coping strategy for difficult times
- **Better self-esteem** – being more active can make you feel better about yourself as you improve and meet your goals
- **Reducing the risk of depression** – studies have shown that doing regular physical activity can reduce the likelihood of experiencing a period of depression
- **Connecting with people** – doing group or team activities can help you meet new and like-minded people and make new friends.

Exercise doesn't have to mean expensive memberships or equipment. It can be as simple as going for a daily walk or going out for a run. Guidance for building your running skills can be found on the [Couch to 5K webpage](#).

Community notices

Join our team

We are currently recruiting for a cleaning assistant to join our team to find out more view the [candidate information pack here](#).

A new opportunity has arisen to join our team as a school bus driver. More information on the role can be found [here](#). If you would like to apply please email your CV to lpk@bournside.gloucs.sch.uk. We will be reviewing applications on a rolling basis, so we encourage you to apply as soon as possible.

Useful links

[Sport fixtures](#)
[School calendar](#)
[What's for lunch?](#)
[Extra-curricular timetable](#)