

Term 3 - Friday 9th February, 2024

Parent Bulletin

Updates for the parents/guardians of students at Cheltenham Bournside School



School news and updates



Year 9 GCSE Options

The online form for GCSE option choices is now open. All Year 9 parents/carers were emailed a unique login from options@bournside.gloucs.sch.uk on Wednesday this week. If you haven't received the email, please check your junk/spam inbox.

The online form closes on the first day back after half-term, **Monday 19th February at 8am**. Please note this is not a first-come first-served system, and all forms will be given equal consideration if they are completed by the closing date.

Thank you. - Data Team

Club highlight: Art History Club

Thursday's after school in J12 for Year's 10-13. This week, Mrs Tomkins discussed 'what makes a painting iconic'? Come along and bring your friends!





- Last day of Term 3
- GCSE Options online form opens

w/c 12 February

- Half term
- Year 10 ski trip
- KS4 Paris trip

Monday 19th February

- First day of Term 4
- GCSE Options deadline

Tuesday 20th February

• Jamie's Farm Celebration Evening

Thursday 22nd February

• Year 13 PTC

Thursday 29th February/Friday 1st March/Saturday 2nd March

• School Production - The Addams Family

House points

Rowling has regained the lead in a tightly fought House Point contest.

Attenborough Frank

Hawking

26066

25794

26184

Owens

Parks

Rowling

26308

25562

26386

Useful links: <u>Sport fixtures</u> - <u>School calendar</u> - <u>Extra-curricular timetable</u>

School news and updates

Cross County Success



Cross County Success

Well done to Alex Lockyer in Rowling, Year 7, who ran last Saturday in the South West Schools Cross Country Championship at Yeovil and qualified to run in the national final in March. Good luck for the next stage!



Another win for the U15 Netball team!

Well done to the U15 Netball Team for today's win against Chosen Hill. POM- Nancy



U15 Handball tournament

Great play from our U15 Handball teams in a Handball tournament at Wycliffe College. The girls particularly enjoyed learning and playing a new sport. Fantastic to see!

If you didn't already know Handball brings together a combination of football, basketball and netball. The game is contested by two teams of seven players and involves one team invading another team's territory with the aim of throwing a ball into their opponent's goal.

Staff email addresses

For security reasons, the list of staff email addresses has been removed from the school website. Sharing this information publicly increases the amount of SPAM that we receive, and makes our email system more vulnerable to cyber attacks.

Parents/carers can still find a copy of of our full staff list by looking in the 'Important Documents' sections of the My Child at School App. You are also able to email admin@bournside.gloucs.sch.uk with the name of the member of staff, and the team will be happy to forward your message on. Thank you for your understanding. - IT Services

Pre-loved Uniform Shop





Thanks to the generous donations of our school community, our pre-loved uniform 'shop' is now open. If you would like to access our stock, please email admin@bournside.gloucs.sch.uk with the sizing and items you would like.

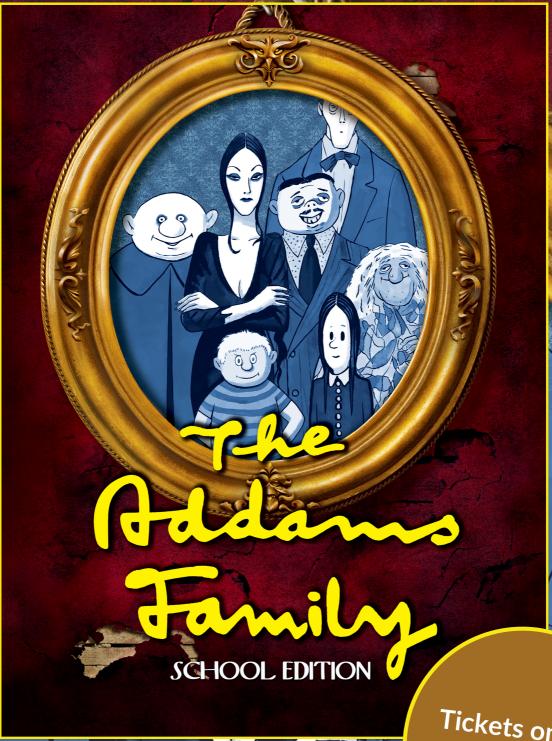
"The stock in our pre-loved uniform shop meets the high standards of our uniform policy and it's waiting to walk the Bournside corridors once again. Join us in promoting sustainability by giving our pre-loved uniforms a second chance to shine."

- Mr Waters, Deputy Headteacher

Click here to read this week's student careers newsletter



Cheltenham Bournside School presents:



29th February, 1st and 2nd March at 7.00pm

Tickets on sale next week!





•TEEN YOGA FOR STRENGTH & CALM •

Teen Yoga is an excellent way to help deal with everyday pressures, build confidence and find a small piece of calm in your life.



TUESDAY 5.00-5.50PM
www.rosieglo.co.uk
rosiegle



FREE CLASS OFFER - Teen Yoga for Strength and Calm at Rosieglo Yoga

If you're aiming for fitness, strength, and holistic well-being, yoga is perfect for you. It's a fantastic stress reliever, fosters self-awareness and self-acceptance, and helps you recognise your incredible potential. Sessions flow to a feel-good playlist, guiding you to stretch, tone, and strengthen your body and mind.

Yoga has been proven to significantly benefit young people's physical and mental well-being including:

Stress Relief:

Yoga calms minds, reducing anxiety.

Improved Focus:

Boost concentration for better grades & productivity.

Emotional Balance:

Handle ups & downs, build resilience, and find positivity.

Physical Fitness:

Stay active with yoga's flexibility & strength benefits.

Healthy Habits:

Inspire lifelong wellness & self-care.
Social Skills:

Build connections and friendships.

Conflict Resolution:

Improve self-awareness & communication skills.

Tuesday's 5.00-5.50pm at **Rosieglo Yoga** in Leckhampton.
Your first class is FREE - get in touch to book!

www.rosieglo.co.uk/teen-yoga/
rosie@rosieglo.co.uk



Need someone to talk to?

You're not alone. We're here for you







No appointment needed

tic+chat is an anonymous, 1-2-1 support service for young people aged 9-25 living in Gloucestershire. Speak to our friendly team about anything that's troubling you. No problem is too big or too small.



How can I get in touch?

Call 0300 303 8080

to chat with one of our team members over the phone*

OR

Live message chat online via ticplus.org.uk

*standard provider rates apply



OPEN HOURS: Sunday –Thursday 5pm – 9pm

Find out more www.ticplus.org.uk